
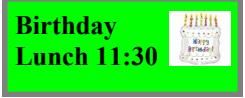





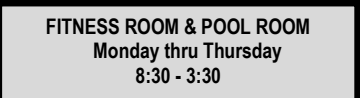





Mon	Tue	Wed	Thu	Fri
1 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	2 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Upholstery 	3 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	4 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	5 *CLOSED*
8 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Board Games 12-3	9 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery Arts & Crafts 12:30 American House Bingo 1:00 Massage Therapy by appt. Coffee Club 9	10 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30 	11 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	12 *CLOSED*
15 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30 Haircuts by Appt	16 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Upholstery Grief Counseling 1-3 	17 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	18 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. 	19  *CLOSED* *No meals on wheels*
22 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Board Games 12-3	23 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Arts & Crafts 12:30 Upholstery Massage Therapy by appt. Coffee Club 9	24 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30 	25 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. 	26 *CLOSED*
29 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	30 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery Massage Therapy by appt.	 		
				

Hot Lunches 11:30 daily Monday through Friday; must be called in by 11:30 the previous day.