








Mon	Tue	Wed	Thu	Fri
3 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	4 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Upholstery Massage Therapy by appt.	5 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	6 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	7 *CLOSED*
10 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	11 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery American House Bingo 1:00 Massage Therapy by appt. Coffee Club 9	12 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30 Birthday Lunch 11:30 	13 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	14 *CLOSED*
17 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30 Haircuts by Appt	18 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Upholstery Grief Counseling 1-3 Massage Therapy by appt. Focus Hope	19 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30 Christmas Party 1:00 pm 	20 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. Food Commodities	21 *CLOSED*
24  *Building Closed* *No meals on wheels*	25  *Building Closed* *No meals on wheels*	26 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	27 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	28 *CLOSED*
31  *Building Closed* *No meals on wheels*	<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;"> UPHOLSTERY CLASS Every Tuesday Registration Required </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> FITNESS ROOM & POOL ROOM Monday thru Thursday 8:30 - 3:30 </div> </div>			

Hot Lunches 11:30 daily Monday through Friday; must be called in by 11:30 the previous day.