





Mon	Tue	Wed	Thu	Fri
1 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	2 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Upholstery Massage Therapy by appt.	3 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	4 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	5 *CLOSED*
8 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3  **No meals on wheels**	9 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery American House Bingo 1:00 Massage Therapy by appt.	10 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30 <div style="border: 1px solid red; padding: 2px; display: inline-block;"> Birthday Lunch 11:30  </div>	11 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	12 *CLOSED*
15 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	16 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Grief Counseling 1-3 Upholstery Massage Therapy by appt. <div style="background-color: orange; padding: 2px; display: inline-block;"> Focus Hope </div>	17 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	18 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. <div style="background-color: #d4c08c; padding: 2px; display: inline-block;"> Food Commodities </div>	19 *CLOSED*
22 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	23 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery Massage Therapy by appt.	24 Chair Exercise 10-11 B/P 10-12 Go-Getters Club 1:00-3:30	25 Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	26 *CLOSED*
29 Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	30 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Upholstery Massage Therapy by appt.	31 Chair Exercise 10-11 B/P 10-12 <div style="background-color: #e67e22; padding: 5px; display: inline-block;"> Halloween Party 1:00 pm  </div>	<div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0;"> FITNESS ROOM & POOL ROOM Monday thru Thursday 8:30 - 3:30 </div> <div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0; margin-top: 5px;"> UPHOLSTERY CLASS Every Tuesday Registration Required </div>	



Hot Lunches 11:30 daily Monday through Friday; must be called in by 11:30 the previous day.