



**24-Hour Help Line: 734-722-6800**

**24-Hour Toll-Free Help Line: 1-888-453-5900**

**Web Site: [www.firststep-mi.org](http://www.firststep-mi.org)**

**We're on [www.myspace.com/firststep4](http://www.myspace.com/firststep4) and Facebook.**

**First Step offers free services for domestic violence and sexual assault.**

- **24-hour Help Line**
- **24-hour on-call assault response team**
- **In-court victim advocacy**
- **Interim housing**
- **Safety planning**
- **Support groups**
- **Sexual Assault Nurse Examiner (SANE) forensic exams**
- **Counseling**
- **Legal, court, financial, medical and housing information**
- **Transitional supportive housing**
- **Community organizing**
- **Sexual assault awareness and education**
- **In-service trainings on domestic violence, sexual assault, elder abuse, workplace violence and more**
- **Violence prevention programs in schools**
- **Children's counseling & support groups**
- **Children's art expressions group**

### **First Step Sites**

**PLYMOUTH (Main Office)** 44567 Pinetree Drive, Plymouth, MI 48170 Phone 734-416-1111 Fax 734-416-5555

**REDFORD** St. Robert Bellarmine, 27150 Westfield, Redford, MI 48239 Phone 313-937-9791

**WAYNE/SANE CLINIC** 4400 S. Venoy, Wayne, MI 48184 Phone (734) 722-1772 Fax (734) 722-4311



## First Step Community Sites

Dearborn Police Department • Dearborn Heights Police Department  
Inkster Police Department • Lincoln Park Police Department  
Redford Police Department • Taylor Police Department  
Wayne Police Department • Westland Police Department  
33<sup>rd</sup> District Court • 34<sup>th</sup> District Court

## Domestic Violence and Sexual Assault Statistics

- 1 in 4 women will experience domestic violence in her lifetime.
- In 2001, 85% of victims of domestic violence were women.
- In 1994, 37% of women seeking injury-related treatment in hospital emergency rooms were injured by a current or former spouse or intimate partner.
- The cost of intimate partner violence annually exceeds \$5.8 billion, including \$4.1 billion in direct health care expenses, \$900 million in lost productivity, and \$900 million in lifetime earnings.
- 1 in 5 women and 1 in 33 men have experienced an attempted or completed rape.
- Young women ages 16-24 experience the highest rate of domestic violence – 16 per 1000 persons.

Above statistics from NCADV Domestic Violence Fact Sheet at MCADSV.org.

## First Step Statistics

- First Step touched the lives of over 15,493 people in 2007-2008.
- 6,894 sessions of group counseling were provided.
- First Step provided safety planning and emotional support on 14,086 crisis calls.
- 347 children and 737 adults were provided nonresidential counseling.
- Survivors of violence and their children received 10,111 overnight stays.
- First Step provided in-person crisis intervention to 160 survivors of domestic and sexual assault at local hospital emergency rooms and other safe places.
- 4,100 survivors were supported in police departments/ courts by our advocates.
- 9,000 people participated in outreach and education programs.

Above statistics reported from First Step's fiscal year – October 1, 2007 to September 30, 2008.

## How You Can Create a Violence-Free Community

- Volunteer with First Step.
- Donate money or gift cards (for grocery stores and gas stations)
- Donate items from First Step's wish list. See list at [www.firststep-mi.org](http://www.firststep-mi.org).
- Collect and donate used cell phones or small-sized printer cartridges.
- Talk to community leaders about the importance of providing legislation, local policies and resources to respond to violence.
- Apply expectations for nonviolent and respectful behavior to your family and organizations.
- Support and refer survivors; tell them that you fear for their safety.
- Host a fundraiser for First Step.

First Step is supported by the Victims of Crime Act (VOCA)